



Become a NIFSA Forest School Family today!

Our school has become part of the international Forest School community. We want you to get out also and enjoy playing with your family for free in your wonderful local Council Parks. You do not need any special equipment or have any specialised training to become a NIFSA Forest School Family. Research shows that the biggest epidemic of our time is not going to be obesity but it is in fact simply not getting enough sunlight! By registering to become a NIFSA Forest School Family you will get great ideas for games and fun activities to do in your local Council Park. Let's get out there today and start playing and exploring.

Activities you and your family can do together.

You do not need any specialised equipment or knowledge to take part. We want you to enjoy your time together as a family and explore the wonderful natural world around you.

Click on this link to find great outdoor activity ideas.

[Nature is Good for You activity ideas](#)

[Register as a Forest School Family](#) for free and get regular activity ideas and Certificate.

What do you need to do to become a NIFSA Forest School Family?

Register your interest by visiting the simple Registration Page below. When you do this, we will send you a confirmation e-mail and give you some ideas to get you started.

We want you to get out on at least SIX different occasions. Every time you go out, take a picture of what you did and send it to us. When you have been out SIX different times, we will send you a NIFSA Forest School Family Certificate for you to print out.

