



# Hezlett Primary School

1 Ballywoolen Road, Castlerock BT51 4TZ Tel. (028) 7084 8395

Principal: Mrs D Winters

Dear Parent

16/11/21

We have recently received funding through an EA pilot scheme which will provide counselling and therapy for children in school this term and up until 31<sup>st</sup> March 2022.

This service may take the form of play therapy, art therapy, group sessions or individual counselling sessions. This service will be helpful for pupils who have been bereaved, have had to deal with the breakdown of relationships, are feeling anxious in the school setting, find it difficult coming to school in the morning or find it difficult to regulate their emotions. Group work will focus on healthy ways of coping with stress.

We have a number of children in mind who might benefit from an individual counselling service and I will contact those parents directly, but if you feel that your child is struggling in some area please let me know by using my email address below and we will strive to facilitate some time with a counsellor.

Yours sincerely

*Mrs Donna Winters*  
**Principal**

**Hezlett Primary School**  
1 Ballywoolen Road, Castlerock, BT51 4TZ  
Tel: 028 7084 8395  
E: [dwinters565@c2kni.net](mailto:dwinters565@c2kni.net)